



# 2016 St. Ambrose 5k Peace Run / Walk 1k Fun Run

The Third Annual St. Ambrose Peace Run is an event to benefit St. Ambrose School athletics and to promote healthy lifestyles.

Saturday, June 4<sup>th</sup>, 2016

Burke Lake Park

7315 Ox Rd, Fairfax Station, VA 22039

Check in begins at 7:00 A.M. // 5k Start Time: 8:00 A.M. // 1k Start Time: 9:15 A.M.

Festival follows event with food, games, face painting, and entertainment.

### Packet Pickup:

- Friday, June 3<sup>rd</sup>, 3:00 P.M. to 6:00 P.M. St. Ambrose School
- Saturday, June 4<sup>th</sup>, 7:00 A.M. to race time, Burke Lake Park

### Race Fees (Circle one):

1k — \$15 (Until May 18)                      1k — \$20 (May 19 - 25)                      1k — \$20 (May 26 - Race Day)  
 5k — \$25 (Until May 18)                      5k — \$30 (May 19 - 25)                      5k — \$35 (May 26 - Race Day)

*Sleepwalker — \$25      \*\* I am sleeping in but would like to support the St. Ambrose Peace Run!*

Shirt Size (Circle one): Youth: S M L Adult: S M L XL

**\*T-shirts guaranteed for all participants registered by May 25th\***

ENTRY FORM: PLEASE PRINT LEGIBLY

Name \_\_\_\_\_ Gender \_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_

City, State ZIP \_\_\_\_\_

### Important — Participant Waiver

**The following waiver is required for our liability insurance coverage, by signing this form you acknowledge the following:**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run.

I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the DC Road Runners Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parental Signature if under 18 years of age: \_\_\_\_\_ Date \_\_\_\_\_

**No refunds will be issued for any reason**