

## St. Ambrose N.VA Junior CYO Sports

2019 - 2020 Season

Open To <u>ALL</u> Parish, CCD, & School Students Boys and Girls Grades 3rd – 8th

# Registration is NOW OPEN – https://reg.sportspilot.com/106538/login

Check the St. Ambrose School Website – Under Parents / Forms & Information

- Create an account/Sign In / Register your player(s) or as a Coach
  - Everyone is encouraged to play and have FUN!!!

#### Fall Track and Field / Cross Country

- One Day Track Meet (October 5th)
- Practices are held <u>Monday / Thursday</u> at 4:30 pm 5:30 pm

#### **Fall Cross Country Meet**

One Day XC Meet (November 2th)

### Spring Volleyball - Open to ALL Girls

- Practices start in February/March in the Evenings
- Games are Saturday or Sunday
- Season from April May

#### Winter Basketball

- Practices are held in the Evenings (TBD)
- Games are Saturday or Sunday
- Season From December 7th –February
- Pending Playoffs start in March

#### **Spring Track and Field**

- One Day Track Meet (TBD)
- Practices are held early evenings. (TBD)

Grow your Catholic faith in community by fostering cooperation, respect, sportsmanship, responsibility, leadership, competitiveness, fairness and courtesy.

**PARENTS: Always Looking for Coaches/Assistants/Helpers**