

Hello family and friends! (Enter your student(s)' names here) school, St. Ambrose, is putting on a virtual 5K as a fundraiser. We're not letting the pandemic stop our community building and it even gives us the opportunity to connect with our friends and family across the country.

Our virtual 5K will take place 7-13 March and you can "run" your 5K any way you like – walk, bike, roller blade. You can do it all at once or spread out your time throughout the week. If you're interested in joining our team, (enter your team's name), you can register to participate for \$35/person (includes tshirt and race bib) at: www.stambrose5k.givesmart.com. Register by Feb 14th to guarantee a tshirt!

If you can't participate in the 5K you can still get involved by sponsoring our team. Click on the link below and find our team's personal fundraising page. All donations are tax deductible and you will be emailed a receipt for your contribution. (Enter your personal fundraising link after signing up to be a champion).

Please forward this on to others and spread the word. We have a goal of raising \$30k that will help the school with much needed technology and facilities upgrades. Thank you for your support and hope to see you out on the virtual track.